How to add a trail from the catalog to its lists?
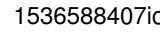
1) Find the trail you are interested in.

2) When you think you have found the right one, you can click on it to see its description sheet.

3) Then select the icon "add to my lists" 1536588407ic_playlist_add_white_24dp.png.

4) Click on the list in which you want to add the trail and it will automatically be added to this selected list.